

We are happy to announce that The Copper Country Great Start Collaborative with the support of the Michigan Office of Great Start and the following community partners: Aspirus Keweenaw, UP Health, Little Huskies Child Development Center, BHK Child Development Board, Copper Country Intermediate School District and Keweenaw Family Resource Center has launched the Welcome Baby and Watch Me Grow Project. This project will distribute valuable community resource materials and educational tools to parents of young children. This past year 300 Watch Me Grow Welcome Baby Bags were distributed to new parents through the Great Start Hospital Visitation Program. Each bag contained the **Watch Me Grow Project** parent resources and educational tools including:

- A *“What’s on Your Plate?”* child size eating plate that supports the nutritional guidelines for young children along with an educational guide on healthy eating
 - A toothbrush and dental care information
 - A social/emotional development wheel
 - A free pass to the Tree House Indoor Playground
 - Information on immunizations, car seat safety, safe sleep and community resources
 - Parenting the first Year newsletter
 - First time parents received a copy of the Brain Game Book

Beginning in Sept 2015, with a grant to BHK Child Development Board from the W.K. Kellogg Foundation the program expanded to create a Watch Me Grow network of resource for families with young children, a subscription to Parenting the 2nd and 3rd Year and home visiting . If you would like more information on the Watch Me Grow project contact Lisa Schmierer at 482-3663